



Pink Crystal Club



Anti-Anxiety Bundle

The crystals included in the Anti-Anxiety Bundle were specifically chosen to help the owner release tension, quiet a busy mind, and restore a sense of calm and emotional balance. Keep them close during stressful moments to invite peace, grounding, and gentle emotional support into your day.

Included in the Anti-Anxiety Bundle

These crystals are all known for their calming energy and are small enough to carry with you.



(Clockwise from top left)

Blue Lace Agate: Light blue with darker blue banding.

Amethyst: Deep purple, almost looks black.

Lepidolite: Purple and silver, very flashy

Pink Mangano Calcite: Light pink, some with yellow banding and/or brown veining. Glows hot pink under UV.

Amazonite (heart): Green-blue with almost white veining.

How to Clean and Charge Your Crystals

Cleaning:

- Smoke - Pass the crystal through the smoke of a candle's flame, lit sage, or lit incense.
- Sound: Use a singing bowl, bell, or music to clear energy.
- Visualization: Imagine white or golden light surrounding the crystal.

Charging:

- Moonlight: Place crystals under the full moon.
- Selenite: Place your crystals on a selenite slab or bowl.
- Sunlight: Set crystals in the sun for a few minutes (do not leave crystals out in the sun for more than 10 minutes).

Disclaimer: Crystals should never be used to replace medical treatment or professional advice. Manifestation comes from within - the crystal is merely the tool.